

TRAVEL ADVISORY

Domestic travel

If you are fully vaccinated and you plan to travel within the United States, you should follow those steps:

During travel:

- Make sure you wear your mask over your nose and mouth whether on planes, buses, trains, or any other forms of public transportations. Wear your mask anytime you are indoors.
- If you travel in hot areas (with higher number of COVID-19 cases), wear your mask even outdoor in crowded settings or during any activities that require close contact with people that you don't know.
- Make sure to follow the local and state recommendations of the area you are visiting.

After Travel:

- Self-monitor your symptoms.
- Get tested if you develop symptoms.
- If the COVID test is positive, isolate yourself to limit the spread.
- Make sure to follow the local and state recommendations of the area you are visiting.

If you are not fully vaccinated and you must travel within the United States, you should follow those steps:

Before travel:

- Get tested with a viral test 24 hours to 72 hours before the trip.

During Travel:

- Make sure you wear your mask over your nose and mouth whether on planes, buses, trains, or any other forms of public transportations. Wear your mask anytime you are indoors.
- Try to avoid crowds and practice social distance.
- Wash your hand often or use hand sanitizer with at least 60% alcohol.

After Travel:

- Get tested 3-5 days after travel with a viral test.
- Stay home and quarantine for a full 7 days after travel.
- If your test is negative, you still must stay home for a full seven days after travel.
- If your test is positive, isolate yourself for 10 days beginning the day of the symptoms or if you are asymptomatic isolate for 5 days beginning the day of the COVID positive test and wear a mask for the remaining 5 days.
- If you choose not to get tested after travel, you must stay home for 10 days.

- Avoid being around people who are at risk of severe illness for 14 days whether you get tested or not.
- Make sure to follow the local and state recommendations or requirements.

International Travel

If you are fully vaccinated and plan to travel internationally during COVID

Before travel:

- Make sure you follow and understand all travel requirements from the airlines and destination related to your travel. Mask wearing, testing, and quarantine requirements. Remember that those requirements may differ from those in the United States.
- Make sure to check the actual COVID situation of your destination.

During travel:

- Make sure you wear your mask over your nose and mouth whether on planes, buses, trains, or any other forms of public transportations. Wear your mask anytime you are indoors.
- Make sure to follow all recommendations of the area you are visiting.
- Consider wearing mask even outdoors in crowded areas or if you must do activities with close contact with people you don't know.

Before you arrive in the United States:

- All air passengers coming to the United States, **including U.S. citizens and fully vaccinated people**, are required to have a negative COVID-19 test result no more than 24 hours before travel or documentation of recovery from COVID-19 in the past 3 months before they board a flight to the United States (CDC, 2021).

After Travel:

- Get tested 3-5 days after travel with a viral test.
- Self-monitor our symptoms.
- If test positive or develop symptoms, isolate yourself for 10 days to protect others.
- If test negative, stay home for a full 5 days after travel and wear a mask for the remaining 5 days.
- Make sure to follow all state and local recommendations or requirements after travel.

If you are not fully vaccinated and must travel internationally during COVID

Before travel:

- Get tested 1-3 days before travel with a viral test.
- Make sure you follow and understand all travel requirements from the airlines and destination related to your travel. Mask wearing, testing, and quarantine requirements. Remember that

those requirements may differ from those in the United States. Failure to comply may result you to be denied entry and return to the United States.

- Make sure to check the actual COVID situation of your destination.

During travel:

- Make sure you wear your mask over your nose and mouth whether on planes, buses, trains, or any other forms of public transportations. Wear your mask anytime you are indoors.
- Try to avoid crowds and practice social distance.
- Wash your hand often or use hand sanitizer with at least 60% alcohol.

Before you arrive in the United States:

- All air passengers coming to the United States, **including U.S. citizens and fully vaccinated people**, are required to have a negative COVID-19 test result no more than 24 hours before travel or documentation of recovery from COVID-19 in the past 3 months before they board a flight to the United States (CDC, 2021).

After travel:

- Get tested 3-5 days after travel with a viral test.
- Stay home and quarantine for a full 7 days after travel.
- If your test is negative, you still must stay home for 5 days after travel and wear a mask for the remaining 5 days.
- If your test is positive, isolate yourself for 10 days beginning the day of the symptoms or if you are asymptomatic isolate for 5 days beginning the day of the COVID positive test and wear a mask for the remaining 5 days.
- If you choose not to get tested after travel, you must stay home for 10 days.
- Avoid being around people who are at risk of severe illness for 14 days whether you get tested or not.
- Make sure to follow the local and state recommendations or requirements.

For more information about travel during the COVID-19 pandemic, you can visit:

<https://www.health.pa.gov/topics/disease/coronavirus/Pages/Travelers.aspx>

<https://www.cdc.gov/coronavirus/2019-ncov/travelers/travel-during-covid19.html>

<https://www.cdc.gov/coronavirus/2019-ncov/travelers/international-travel-during-covid19.html>

<https://www.cdc.gov/coronavirus/2019-ncov/travelers/map-and-travel-notice.html>

Do NOT travel if you were exposed to COVID-19, you are sick, you test positive for COVID-19, or you are waiting for results of a COVID-19 test. Learn when it is safe for you to travel. Don't travel with someone who is sick (CDC, 2021).